

*Catching Heart
Damage early
from Home*

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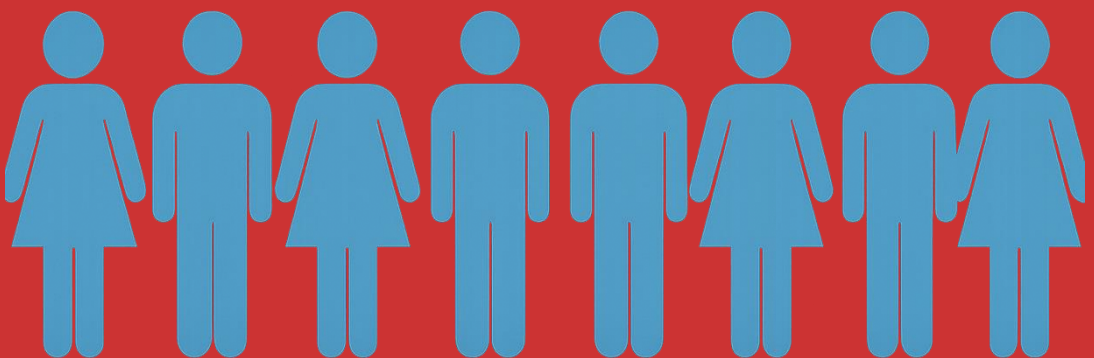


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Heart disease is the leading cause of death in New Yorkers

- Some heart attacks have no warning signs
- Many people first learn they have heart damage in an emergency



Common risk factors for heart disease

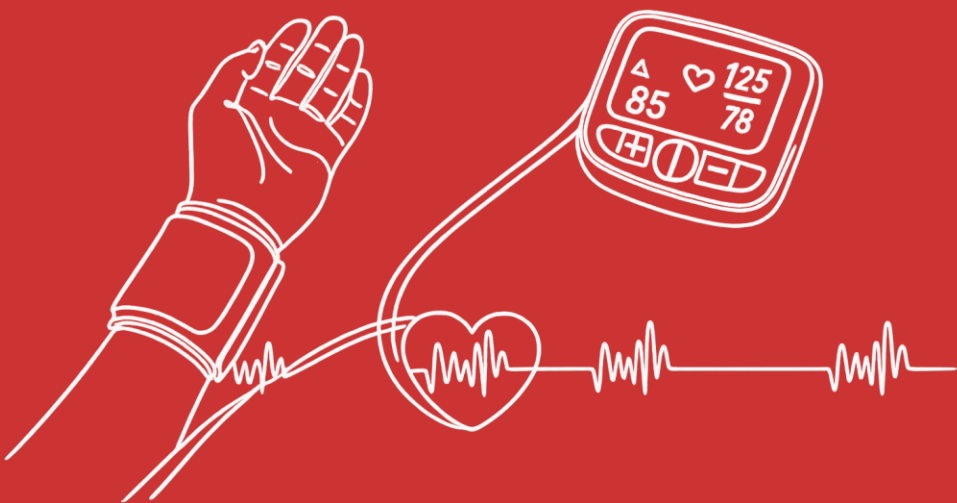
- family history of heart disease
- high blood pressure
- high cholesterol
- diabetes
- poor diet

Often over-looked risk factors for heart disease

- Smoking 
- Heavy alcohol use 
- Stimulant misuse 

Heart screening measures risk, not injury

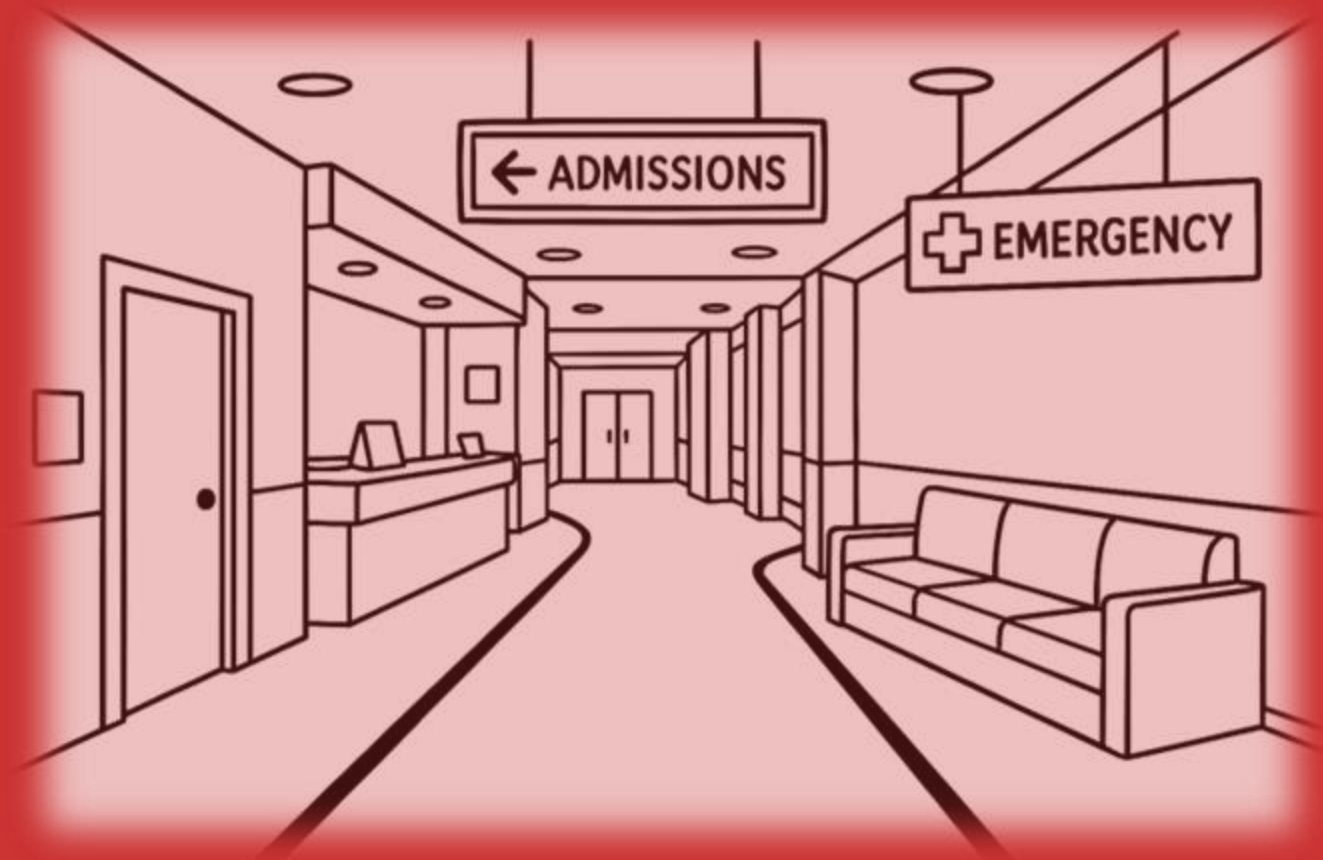
Blood pressure, cholesterol,
& blood glucose can flag risk



But screenings do not
detect heart injury

How clinicians detect heart injury

In emergency settings, blood is tested for a heart injury biomarker called troponin



A rapid test for
heart injury exists

But it's usually done after
symptoms begin...

..and it isn't available
for home use



But a rapid test for heart injury exists!

The test...

- ..requires minimal training

- ..takes 15 mins. for results

- ..costs about \$10



- ..and could be available for home use some day

Policy change could enable at-home rapid testing

This could...

prevent hospitalizations,

save lives,

reduce costs



Home



Result



Care

Pilot data show
people seek care
after a positive
heart injury test...



Ask me about it!